

**ADULT NICOTINE WITHDRAWAL / TOXICITY ASSESSMENT  
FLOW SHEET**

NICOTINE TOXICITY INDICATORS		
<b>N</b> = Nausea	<b>V</b> = Vomiting	<b>P</b> = Palpitations
<b>D</b> = Dizziness	<b>H</b> = Headaches	<b>CS</b> = Cold Sweats
<b>BV</b> = Blurred Vision	<b>RHR</b> = Rapid Heart Rate	
<b>NONE</b> = No indication of nicotine toxicity		
Identify applicable indicators below.		
Indicate a * in the <b>Actions Taken</b> column and document action taken on the legal health record		

NICOTINE WITHDRAWAL SCALE INDICATORS				
0 = None	1 = Slight	2 = Mild	3 = Moderate	4 = Severe
A rating of 3 or 4 on any of the criteria, suggests patient may be experiencing nicotine withdrawal.				
Indicate a * in the <b>Actions Taken</b> column and document action taken on the legal health record.				

DATE	Year _____										
	(mm/dd) →										
Time (hh:mm)											
WITHDRAWAL SYMPTOMS	Desire or craving to smoke										
	Anger, irritability, frustration										
	Anxiety, restlessness										
	Insomnia, waking at night										
	Difficulty concentrating										
	Depressed mood										
TOXICITY INDICATORS	Headache, coughing, sore throat										
	See Legend above										
<b>Action Taken = * Document in HED or Unit Specific Documentation Record</b>											
<b>Initials</b>											

Initials	Printed Name	Signature and Designation	Initials	Printed Name	Signature and Designation

